

### **National Biathle Weymouth 27 July 2025**

The National Biathle will take place at Greenhill Gardens Weymouth on Sunday 27 July, the event is a World Qualifier for the Great Britain team for World Biathle Championships in Mossel Bay South Africa on 9-12 December which will also include the World Triathle & Laser Run championships.

The Biathle race is a continuous run/swim/run event, with distances from 200m to 800m for each of the two runs, and from 50m to 200m sea swim. The Biathle age groups start at Under 11 with two-year age groups through juniors, seniors and Masters. The younger athletes do the shorter distances with the race distance increasing with age. Closing date 1 July, the distances and age categories are as follows:

**Competition distances as follows:**

**Ages on 31<sup>st</sup> December 2025**

<b>Class</b>	<b>Age</b>	<b>Run Grass</b>	<b>Swim pool</b>	<b>Run Tarmac</b>
<b>Under 11</b>	<b>9-10</b>	<b>400</b>	<b>50</b>	<b>400</b>
<b>Under 13</b>	<b>11 – 12</b>	<b>400</b>	<b>100</b>	<b>400</b>
<b>Under 15</b>	<b>13 – 14</b>	<b>800</b>	<b>100</b>	<b>800</b>
<b>Under 17</b>	<b>15 – 16</b>	<b>800</b>	<b>200</b>	<b>800</b>
<b>Under 19</b>	<b>17 – 18</b>	<b>800</b>	<b>200</b>	<b>800</b>
<b>Juniors Under 22</b>	<b>19- 21</b>	<b>800</b>	<b>200</b>	<b>800</b>
<b>Seniors</b>	<b>22 &amp; Over</b>	<b>800</b>	<b>200</b>	<b>800</b>
<b>Master's 40 &amp; 50 plus</b>	<b>40 &amp; 50 &amp; Over</b>	<b>800</b>	<b>100</b>	<b>800</b>
<b>Master's 60 plus</b>	<b>60 &amp; Over</b>	<b>800</b>	<b>50</b>	<b>800</b>
<b>Master's 70 plus</b>	<b>70 &amp; Over</b>	<b>400</b>	<b>50</b>	<b>400</b>

#### **Some Race Rules**

- 1. All competitors must wear a top throughout the race.**
- 2. All competitors will be given a number which corresponds to their box in the transition area. This number is also the competitor's race number, which would be marked on the arm and leg.**
- 3. Anything taken off during the race, e.g., swim hat or goggles, must be put in the box or carried by the athlete. It is not allowed for anything to be thrown on the ground or to a helper.**
- 4. Running shoes must be worn on both runs and must be removed for the swim and placed in the allocated box in the transition area.**

**As you can see the rules are very simple. It is a true race with athlete against athlete, which does not rely on any equipment which may go wrong. The first across the line is the winner.**